

RESOURCES

SPRING STICK ACTIVITY

Welcome *Spring Stick* activity for you to try with your class so you can wake up spring together!

What you'll need:

First ... start a stick collection!

Find fallen sticks especially good after a storm. If the children find their own stick this ensures a degree of ownership.

Sticks that are 'green' freshly cut can be easily have the bark stripped. This is a job for a potato peeler. It's as easy as peeling carrots provided there are no knots in the green wood. Little children can easily manage this task with support to get going. With dead wood the job is more difficult. Best to wear a glove on the hand that is holding the stick!

Note: Elder sticks can be easily peeled. A good size stick to work with is finger to elbow size.

Next ... gather other materials:

- Ribbons or wool in brown, green, yellow, and gold
- Small bells

Attach the ribbons either by tying, wrapping tape or using small rubber bands.

Leave extra ribbon at the end to hang down like streamers. Tie the bells on to the end of the streamers. Show them how to shake the bells, pointing the wand at the ground and trees, to wake the sleeping plants within the earth.

If you like, they can say an incantation as they do so, like:

'Wake, wake, plants in the earth, spring is a time of light and rebirth. Hear, hear this magical sound, and grow, grow, out of the ground.'